

# ACADEMY FOR LEADERSHIP AND SOCIAL DEVELOPMENT

*Giving our children essential skills to reach their full potential*



Helping children get their best start in life involves more than just an excellent education. An understanding of civility, values, and integrity is vital for today's youth to flourish as successful, productive members of tomorrow's society. The Academy for Leadership and Social Development provides instruction for children and teens to help develop these crucial life skills. "A foundation of proper manners and etiquette, with a value of self and others, are imperative to the success of our children," says Stephanie Hefner, the Academy's Founder and President. "The cornerstone of our organization is providing education to adolescents that will develop their leadership skills and social development capabilities."

The Academy's classes include instruction on trust, boundaries, peer pressure, bullying, coping with anger, goal-setting, social interaction and the importance of community. "Leadership and social skills begin with confidence, respect of others, and the ability to communicate and express one's self in a healthy, positive manner," said Hefner, who is a certified manners and etiquette trainer, and a trained facilitator in Moral Reconciliation Therapy by Correctional Counseling, Inc. "We believe our evidence-based programs benefit the education system, local government and other nonprofit agencies," Hefner said. "Keeping our children encouraged and redirected from unjust limitations decreases juvenile delinquency and improves community safety."

Classes are offered through schools, after-school programs and other organizations working with children and teens. The Academy's short-term programs range from an hour seminar to weekly classes totaling sixteen hours of curriculum. "Our training and guidance will help children make appropriate choices, build good relationships and reach their full potential."

*Please help adolescents gain the life skills and encouragement needed to become successful, contributing members of society.*

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